

## Resume

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### **Objectives:**

Seeking a job opportunity to apply my analytical skills, strategic mindset, and passion for innovation, contributing to the company's growth while gaining valuable experience in the dynamic field of strategic planning and business development. Passionate Intern with recently obtained Masters in public health degree and did 2 months of internship in Aaina organization, Bhubaneswar under The project 'Healthier City, Bhubaneswar' otherwise also known as WIPRO - RMNCHA project .The project aims to improve the health and nutritional status of children, adolescents, reproductive, pregnant women & lactating mothers in selected areas with critical indicators of reducing anaemia in adolescents and reducing maternal mortality & infant mortality.

Apart from that the purpose is to enhance access to health services, facilitate the availability of health services and create an enabling environment for an effective interface among the public health system, families and communities on critical dimensions of RMNCH+A services.

### **Education:**

- 1. Masters in public health(MPH) (September 2023):**
  - Did my dissertation paper on **"Undernutrition and its correlates among children of 3–9 years of age residing in slum areas of Bhubaneswar, Odisha"**.
  - **Did 2 months of internship under RMNCHA project at aaina NGO .**
  - Participated in research method and practice course.
  - Field visit to **slum areas and tribal areas of chandaka** for analysis of their hygiene practices.
  - Visited to capital hospital for child care and mother care system knowledge assessment.
  - Presented project on maternal and child health, hospital acquired infections.
- 2. B.Sc. (zoology honours) (May 2021)**
- 3. PGDCA and tally Erp**

### **Experience:**

**intern (1st may 2023 –30th June 2023)**

**project: 'Healthier City, Bhubaneswar' otherwise also known as WIPRO - RMNCHA project**

Aaina Ngo (plot no.70/3530, (ground floor), near Mayfair lagoon, Jayadev Vihar,Bhubaneswar-751013, Odisha)

During the internship, I did project activities management, event management, baseline survey, Documentation work, project report writing, **slum areas population survey under RMNCHA project,**

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Program strategy making, Field exploration. **Menstrual hygiene program management** like raja Utsav menstrual hygiene ,myths and truth-based programs to educate teenage girls of slum area and tribal areas.

Did door to door survey in slums and tribal areas of Bhubaneswar and chandaka village regarding their family status and pregnant women and children health status.

Organized information from multiple sources into accessible formats for easy retrieval.

Supported various program activities, assisting with administrative tasks.

Compiled weekly reports on customer feedback and satisfaction ratings.

Utilized document management system to organize company files, keeping up-to-date and easily

Accessible data.

Contributed ideas during brainstorming sessions to generate creative solutions.

Monitored operations and reviewed records and metrics to understand company performance.

Assisted in routine research, investigations and special projects to support work of assigned Department.

Maintained accurate records and files pertaining to departmental areas of responsibility.

Attended conferences and trade shows related to the organization's field of expertise.

Supported senior staff members in the completion of complex projects within deadlines.

Maintained positive working relationship with fellow staff and management.

Worked with team members to promote great customer service and pleasant work environment.

Understood and followed oral and written directions.

Worked successfully with diverse group of coworkers to accomplish goals and address issues related To our products and services.

Completed day-to-day duties accurately and efficiently.

### **Skills:**

Health policy analysis, research methods, Data analysis and interpretation, health promotion and education, program evaluation, communication and advocacy, team collaboration, cultural competency and awareness, report writing, tally Erp 9, SPSS, Excel Sheet, record keeping, social media posting, English fluency, power point presentation, Hindi fluency, Odia, data management, PGDCA, spreadsheet tracking, power point presentation .

### **Project:**

During my master's degree I did my dissertation ,Project Title: **"Assessment of Undernutrition and Its Correlates Among Children Aged 3–9 Years in Slum Areas of Bhubaneswar, Odisha"**.

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### **Project Overview:**

The research project aimed to investigate the prevalence and correlates of undernutrition among children aged 3–9 years residing in slum areas of Bhubaneswar, Odisha. Undernutrition poses a significant threat to the health and development of children, particularly in economically disadvantaged urban areas. The study sought to identify key factors contributing to undernutrition and propose targeted interventions for improvement.

### **Objectives:**

Assess the prevalence of undernutrition among children aged 3–9 years in slum areas of Bhubaneswar.

Identify socio-economic, environmental, and dietary correlates associated with undernutrition.

Understand the health-seeking behaviour of parents/caregivers regarding child nutrition in slum communities.

Provide evidence-based recommendations for interventions to address undernutrition in the target population.

### **Methodology:**

**Sampling:** Employed a stratified random sampling method to select representative samples from various slum areas in Bhubaneswar.

**Data Collection:** Utilized a combination of anthropometric measurements, dietary surveys, and structured interviews with parents/caregivers to collect comprehensive data.

**Data Analysis:** Employed statistical tools such as regression analysis to identify correlations and relationships between undernutrition and various factors.

**Ethical Considerations:** Ensured adherence to ethical guidelines in research involving human subjects, obtaining informed consent from participants, and maintaining confidentiality.

### **Key Findings:**

High prevalence of undernutrition among children in slum areas.

Correlation between undernutrition and socio-economic factors, such as household income and parental education.

Influence of environmental factors, such as sanitation and access to clean water, on child nutrition.

Insight into dietary patterns and nutritional practices in slum communities.

### **Implications:**

**Policy Recommendations:** Provide evidence for policymakers to develop targeted interventions addressing undernutrition in slum areas.

**Community Engagement:** Propose community-based programs and awareness campaigns to improve nutrition-related practices.

**Healthcare Interventions:** Suggest strategies for strengthening healthcare services and outreach programs to address child undernutrition.

### **Conclusion:**

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The research contributes valuable insights into the undernutrition challenges faced by children aged 3–9 years in slum areas of Bhubaneswar, Odisha. The findings provide a foundation for evidence-based interventions, policies, and community-driven initiatives to improve child nutrition and overall well-being in similar urban settings.

**Languages Known: English, Hindi, Odia**(advanced in all three languages)

### **Hobbies and Interests (optional):**

Involvement with organizations supporting marginalized or vulnerable populations.

Participation in events or initiatives focused on addressing health disparities.

Attendance at conferences, seminars, or workshops in the field of public health.

Interest in utilizing technology for health promotion or disease prevention.

Interest in reading health-related literature or publications.

Involvement in community service or volunteer work related to public health initiatives.

### **References:**

**1. Srinivas Bishoyi**

Senior programme coordinator Senior programme coordinator  
Public Health Foundation of India (PHFI), Bhubaneswar

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**Relationship- senior colleague**

**2. Miss. Shena Mishra**

Secretary

Aaina NGO, Bhubaneswar Odisha

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**Phone-9437017967**

**Relationship- internship guide**